FLYING HIGH
SPORTS & REC CENTER

5400 East Ave, Countryside, Il 60525
www.flyinghighgym.com

P: (708) 352-3099 | F: (708) 589-7320

General: One Block North of 55th Street and one stop light east of LaGrange Road

From Chicago: Take 290 West to 94 E
Merge onto 55 South (exit 53)
Take exit 282 to merge onto 171 North toward 1st Avenue, take Joliet Rd. Ramp
Turn left onto Joliet Road
Continue on 55th street to East Ave, turn right
FH on left

From Hickory Hills: Take 99th Street to Roberts Road, turn right
West on 95th Street to La Grange Road, turn right
Head North on La Grange Road to Joliet Road, turn right
Take Joliet Road to East Avenue, turn left, FH on left

From South Suburbs (Orland, Tinley, etc): La Grange Road North to Joliet Road, turn right
Take Joliet Road to East Avenue, turn left, FH on left

From Western Suburbs: Take Ogden East toward Main Street
Turn Right onto East Avenue, FH on right

**Do not park in neighboring lots. Violators may be ticketed or towed.*