



# **PARENT HANDBOOK**

## **No School Day Camp**

Where every child is a STAR!

Last Updated: August 5, 2019



Dear Family,

Welcome to our No School Day Camp Program! We are so happy that you decided to spend your day off from school with us! We are looking forward to an action-packed, fun filled day. We have a lot of great activities and field trips planned to keep your camper entertained and active all day long!

Attached to this letter you will find:

- ❖ a copy of our Parent Handbook which outlines all of our No School Days Camp Policies and Procedures
- ❖ a schedule of our weekly themes and field trips
- ❖ a Frequently Asked Questions section
- ❖ a copy of our Cosmic Café Menu and Client Deduction Form

If you have any questions as you are reading through the handbook or at any point during camp days, please do not hesitate to contact me. My direct email is [Erica.P@flyinghighgym.com](mailto:Erica.P@flyinghighgym.com).

I look forward to spending a wonderful day with you and your child!

Sincerely,  
**Erica A. Perez**  
Camp Director

Flying High Sports & Rec Center  
5400 East Ave.  
Countryside, IL 60525  
708.352.3099  
[www.flyinghighgym.com](http://www.flyinghighgym.com)

## **Where every child is a STAR!** **Flying High No School Day Camp**

### **About the Camp:**

Your child can spend the day staying active, learning and discovering, and making new friends! Flying High's camp will provide your child with a non-stop, action-packed, fun-filled day! Ages 4-12 welcomed!

### **Daily activities will include:**

- Open Gym Time
- Structured Games and Sports
- Weekly Field Trips (Tuesday and Thursday)
- Trial classes in many of the programs offered at Flying High
- Science Experiments
- Weekly Silent Reading
- Creation Station
- Zumba Classes
- Outdoor Adventures
- Special Guest Instructors
- Pizza Pajama Party every Friday—Kids wear pajamas, eat pizza, and watch a movie on “the big screen”! (Only during 3-, 4- or 5-day camps)

### **\*Hours of Operation:**

Pick and choose between full weeks, whole days, half days, and field trips days:  
**Every weekday from June 3<sup>rd</sup>-August 30<sup>th</sup> (Closed Thursday, July 4<sup>th</sup>-Independence Day)**

**Whole Day(s):** 9:00 am – 4:00 pm

**Half Day(s):** 9:00am – 11:30am or 1:30pm - 4:00pm

**Field Trip Day:** 9:00am - 4:00pm **\*(Check out our website for field trip dates)**

**Before/After Care: NO CHARGE (EARLY drop offs before 8am or LATE pickups past 5:30pm will automatically be charged our Extended Before (\$8)/After Care (\$15) program fee per child, NO sibling discounts)**

**Before Care:** Monday – Friday, 8:00am - 9:00am

**After Care:** Monday – Friday, 4:00pm – 5:30pm

**Extended Before/After Care:**

Extended Before Care: Monday-Friday, 7:30am-8am

Extended After Care: Monday-Friday, 5:30pm-6:30pm

**\*\*Pre-registration is preferred so that we can staff accordingly. Registration and payment for camp must be received prior to the date your child will be attending camp. Camp may be closed to walk-ins in order to maintain staff/child ratios.**

**\*Price:**

*All campers will be charged a non-refundable administration fee of **\$35.00** at time of registration.*

**Weekly Options:**

**Option A: Full Week without Field Trip**

Monday-Friday, 9:00am-4:00pm (field trip NOT included)

\$252 per child/per week

**Option B: Full Week with One Field Trip**

Monday-Friday, 9:00am-4:00pm (field trip included)

\$264 per child/per week

**Option C: Full Week with Two Field Trips**

\*Available Spring Break Week 1

Monday-Friday, 9:00am-4:00pm (field trip included)

\$273 per child/per week

**Daily Options:**

**Option D: Whole Day(s) without Field Trip (9am-4pm)**

\$59 per child/per day

**Option E: Whole Day(s) with Field Trip (9am-4pm)**

\$71 per child/per day

**Option F: Half Day(s) Morning (9am-11:30am)**

**Option G: Half Day(s) Afternoon (1:30pm-4pm)**

\$35 per child/per day

**Before/After Care (8am-9am and 4pm-5:30pm)**

Before Care: NO CHARGE

After Care: NO CHARGE

**Extended Before Care (7:30am-8am)**

\$8 per child NO sibling discounts

**Extended After Care (5:30pm-6:30pm)**

\$15 per child NO sibling discounts

**\* Price does not include lunch. Lunch packages and snack items available for purchase from the Cosmic Café.**

**Savings:**

**Sibling Discounts:**

-10% off the 2<sup>nd</sup> sibling

-15% off the 3<sup>rd</sup> sibling

-4<sup>th</sup> sibling is FREE!

**\*Competitive Team Families see the Front Desk for pricing!**

**Reminders:**

- Registration and payment is due in FULL prior to children attending camp.
- Walk-in spots may not be available on certain days to ensure that we always maintain proper staff/child ratios. Please phone ahead to make sure there is still room available.
- ALL Field Trips must be pre-registered and paid in FULL one week prior to Field Trip.

**Admission**

- In compliance with Federal and State Laws, applicants are considered and admitted without regard to race, color, religion, sex or national origin.

**Attendance**

- Arriving on time is important! We are in and out of the building at different times during the day. Flying High expects all children to attend on his/her scheduled day and at his/her scheduled time unless notified ahead of time. Any alterations must be arranged with the Director in advance.
- If your child is going to be absent or late, please call Flying High at least 30 minutes before camp starts so you can be certain we will be in the building

when you arrive. If a parent or guardian does not call at least 30 minutes before the start of camp, and the child is more than 30 minutes late, the child may not be admitted to the facility for that day.

- If your child is not going to attend camp, please call Flying High at least 30 minutes before the start of camp each day he/she will not be attending.

### **Arrival & Departure**

- Parents/guardians are responsible for arrangements regarding transportation to and from the facility. All children are expected to arrive at Flying High when camp starts.
- Do not park in neighboring lots. Vehicles may be towed at the owner's expense.
- Each child must be escorted into the building and to camp each day by an adult. The adult must also sign the child in on the daily attendance sheet with the correct time.
- Children become anxious when they are not picked up at a regular time. If you are going to be late, please call Flying High so our staff can let your child know that you will be late.
- When you pick up your child, you must sign him/her out on the attendance sheet with the time of departure. A child will only be discharged to parents/guardians or to an authorized pickup person. Please notify the Director when someone other than the parents or guardians will be picking up your child. A refusal may be made to release a child, related or not, to someone who has not been authorized in writing to receive the child.
- An I.D. may also be required by anyone picking up a child until staff becomes familiar with him/her.
- **Late Pick-Up:** We encourage you to pick up your child immediately after camp unless you have registered for **After Care** or **Extended After Care**. Children who are picked up past our **After Care time 5:30pm**, will automatically be placed in and charged our **Extended After Care (5:30pm-6:30pm)** service fee of \$15 per child (NO sibling discounts). Children who are repeatedly picked up more than 15 minutes later than the end of Extended After Care camp will be billed \$20.00 for first 15 minutes and \$1 every minute afterwards beyond the time the camp has ended. This balance will be run to the credit card on file.

- **Flying High will keep a child in its care for no longer than 1 hour past Extended After Care time (6:30pm), unless notified by the child's family, before contacting the appropriate authorities.**

### **Payment Policies**

- All families **are required to have a credit card on file**. All fees will be automatically charged to this credit card **every Thursday**.
- Those families paying in FULL at time of registration are also encouraged to open a café tab. Any additional fees (i.e. Cosmic Café purchases [see "Personal Belongings" for more information on how to set up an account], additional weeks) can then be charged to this account.
- **All credit cards will be charged the Thursday before the week your child is attending camp.**
- If you **wish to pay by cash or check** at any given time, you must do so by Wednesday night to avoid automatic charges on your credit card.
- **ALL families are required to have a household email on file**. Any billing and invoicing will be done electronically.

### **Refund Policies**

#### **Annual Student Administration fee**

- \$35.00 is due upon initial enrollment of camps and on the anniversary of each student's start date. The Annual Administration fee is **NON-REFUNDABLE**.

#### **"In-House Credit" Camp Refund Policy**

(Non-Field Trip Day Camps)

- If you have signed up and paid for a 1/2 or whole day of camp (**no field trip**) and can no longer attend, you will receive a credit to your Flying High Account. That credit can be applied to your next Flying High purchase, whether it be for classes, private lessons, open gyms, special events, camps, or Café/Pro Shop items.
- If you have signed up and paid for a **FULL WEEK with/without Field Trip** and can no longer attend a day, you will be moved to daily rate pricing. If any applicable credit applies, you will receive a credit to your Flying High Account.

## **Camp Field Trip Day Refund Policy**

- If you have signed up and paid for a camp Field Trip Day but are no longer able to attend, a credit will be applied to your Flying High Account **minus \$20**. The \$20 covers the cost of staff, transportation and any fees associated with the field trip.
- If you have signed up and paid for a camp Field Trip Day (value \$65) and choose to stay in the building (value \$54) instead of attending the field trip, you do forfeit the difference of \$11. **No credit is given.**

## **Processing Fees:**

- Any family with a credit card that is declined at time of payment will be charged a \$10 reprocessing fee.

## **Personal Belongings**

- We encourage not sending your child with a cell phone/tablet. Any child who does bring a cell phone/tablet will be allowed to use them during before care hours (8am-8:30am) or after care hours (4:30pm-5:30pm); however the use of electronics is prohibited during camp hours (9am-4:30pm). Sharing screens is not allowed. In addition, no child can bring their electronics during field trips. If a child needs to contact their parent or guardian, he/she will be permitted to use one of Flying High's telephones.
- Children may bring money to purchase food and snack items from the Cosmic Café. However, please do not send your child with more money than is needed to limit the borrowing and sharing of money. A Cosmic Café menu is included in this handbook to help determine the amount of money to send with your child. **If you do not want to send money, all families with a credit card on file can charge any Cosmic Café purchase to their account! If you would like to set up an account with the café, please fill out the attached Client Deduction Form and submit it to the front desk.**
- Children may bring special games, toys, or books to be used during homeroom time. These items must be kept in the child's cubby during other times.

## **Lost or Stolen Items**

Flying High is not responsible for lost, stolen or damaged items.



## **Attire**

All children should wear comfortable, athletic clothing (no zippers, buttons or snaps) every day. Girls may wear leotards under their clothes. We will be participating in indoor and outdoor activities on a daily basis. Please make sure your child has athletic shoes with them every day (a pair can be kept in his/her cubby)! All children are required to remove shoes and socks before entering the gym. Jewelry of any kind (except stud earrings) is not to be worn. Please do not send your child to camp in clothing that cannot get dirty or accidentally damaged.

All children that attend a field trip day will be given a Flying High field trip shirt. It is **REQUIRED**, for safety reasons, that ALL children attending field trips wear this shirt. If your child does not wear his/her field trip shirt, he/she may not be permitted to attend the field trip. Wearing this shirt is VERY important.

## **Extra Clothing**

All families are required to provide a spare change of clothes to be kept at Flying High and used in case of an accident or emergency. This spare change of clothes should be placed in a bag and the child's name should be clearly written on the bag. This bag will be kept in the child's cubby.

## **What to Bring Everyday**

All children should bring a **bag lunch** that does not require refrigeration (except on Fridays and certain field trip days) or money to purchase a lunch from the Cosmic Café (can also be charged to account), a bottle of water and athletic shoes everyday. Children should have a spare change of clothing and a bottle of spray sunscreen (preferably the spray kind) to keep in their cubby the entire time they attend camp.

Please remember— all children that attend a field trip day will be given a Flying High field trip shirt. It is **REQUIRED**, for safety reasons, that ALL children attending field trips wear this shirt. If your child does not wear his/her field trip shirt, he/she may not be permitted to attend the field trip. Wearing this shirt is VERY important.

## **Snack**

Flying High will provide a daily snack. Snacks will include Cheez-Its, Goldfish crackers, animal crackers, pretzels, Chex Mix, etc. Flying High will make accommodations for children requiring a special diet when able, and when not able, will ask that parents/guardians provide an appropriate snack for their child.

Parents may also choose to pack a daily snack for their child or send money to purchase one from the café.

### **Field Trip Days**

Field Trip Days **vary during no school day camps**. Returning campers attending the field trip must wear their **BLUE FLYING HIGH CAMP SHIRT**. New campers will be given a camp shirt on the day of the field trip and it is theirs to keep.

**Lunch:** All children should bring a lunch; unless stated otherwise. **A disposable bag is preferable (1gallon Ziploc or brown bag works great)**. Children are welcome to bring water bottle. We ask to please label the lunch bag, water bottle or sport bottle with your child's name.

### **Pizza Pajama Movie Day**

Pizza Pajama Movie Days are hosted on **Fridays (Only during 4 or 5 day camps)** and the movie will be played at 1:30pm. All kids are invited to wear their PJs and bring pillows, blankets and stuffed animals. Flying High will provide pizza for lunch, so no need to pack one! We feature two movies. Kids are grouped according to their age: 4-7yrs old and 8-12yrs old. All movie selections are PG rated; "Movie of the Week" information can be found in our "Daily Activity Schedule" posted on our website. If you wish for your child to swap age groups during the movie, please notify a camp counselor. Flying High provides popcorn but the Cosmic Café will also be open to purchase alternative or additional snacks.

### **Birthdays/Holidays**

If you would like to provide a treat for your child's birthday (this is not required), please notify the Director beforehand. All treats must be store bought and un-opened upon arrival at camp and can consist of healthy snacks or small toys or gifts. Please take into consideration any allergies (i.e. peanuts) that may be present.

### **Child Abuse Reporting**

Illinois State Law requires all licensed professionals having reasonable cause to believe a child may be abused or neglected to report the matter immediately to the Illinois Department of Children and Family Services.

### **Open Communication and Parent Involvement**

Flying High believes that parents and caregivers must work together to create a stable and effective environment for all children. Flying High recognizes that effective partnerships are characterized by clearly defined responsibilities, open communication, understanding, mutual respect and a common goal of always doing what is best for the child.

Flying High asks that all families:

- Share any religious, cultural, medical or personal information that may help staff to best serve your child's needs.
- Notify the Director immediately of any issues or concerns.
- Recognize that when issues arise, adults must work together to resolve the issues.
- Provide at least one household email that is checked on a regular basis to receive day-to-day information. Through this email, you will receive weekly schedules, field trip information, important reminders, etc.

### **Illness Policy**

- If your child becomes ill or has an accident while at camp he/she will be isolated in a supervised area until picked up. Illness at camp includes one or more of the following:
  - fever of 101° F or above with behavioral changes
  - vomiting
  - diarrhea
  - lethargy
  - extreme coughing

Parents will be notified of the illness/accident and asked to pick up the child or make arrangements for him/her to be picked up. It is the parent's/guardian's responsibility to keep emergency contact information current. All families are required to provide one emergency contact (other than parents/guardians) at time of registration. Families may also provide an emergency contact number on the attendance sheet on a day-to-day basis.

- Children shall be screened upon arrival at Flying High for any obvious signs of illness.
- The following symptoms require immediate removal of a child from Flying High:
  - Fever of 101° F or higher
  - Diarrhea
  - Vomiting
  - Body Rash
  - Sore throat with fever and swollen glands
  - Severe coughing
  - Eye discharge or pink eye, for a minimum of 24 hours

- Yellowish skin or eyes
  - Impetigo
  - Scabies, until treatment is complete
  - Lice
  - Chicken pox (varicella), until at least six days after the onset of rash
  - Whooping cough (pertussis), until five days of antibiotic treatment have been completed
  - Mumps, until nine days after onset of parotid gland swelling
  - Measles, until four days after disappearance of the rash
  - Child is irritable, continuously crying, or requires more attention than the staff can provide without compromising the health and safety of the other children in their care.
  - Any symptoms that may be indicative of one of the serious, communicable diseases identified in the Illinois Department of Public Health Control of Communicable Diseases Code (77 Ill. Adm. Code 690).
- A physician's note clearing the child to return to camp will be required for pink eye, strep throat, rashes or common diseases.
  - In case of a contagious disease, parents are asked to contact Flying High immediately so that a memo can be sent out to the parents of children that may be at risk. Please assist our front desk staff by describing a specific disease or symptom when you call.

### **Lice Policy**

If Flying High determines that your child has lice, you will be called immediately to remove your child from the facility. Your child must be treated with an over-the-counter medication and must be checked by your family physician. Prior to returning to Flying High, you must provide a physician's note stating that your child is egg and lice free. Your child will also be checked by staff prior to being allowed to return to camp. If your child has lice three consecutive times upon re-entry, we reserve the right to dismiss the child from the program.

### **Medication Policy**

As a general principal, medication shall not be given during camp hours unless it is certified in writing by the attending physician that such medication cannot be administered before or after camp hours.

In instances of exceptions, medication (prescription and over-the-counter) will only be administered with a signed parent/guardian permission slip. All medication must contain the current prescription label and/or must be in the original container. Only the amount of medication listed on the bottle can be administered. Any additional dosages require a physician's note.

All medication must be clearly labeled with the child's name and will be kept out of the reach of children. Children are not allowed to have medication in their possession. Staff members have the right to take medication from the child and contact parents.

## **Allergies**

All allergies must be listed in the Flying High family account under the child's medical tab. Additional medications, such as Epi-pens, inhaler, etc. must be accompanied by current signed orders from a physician. All medication is stored in our camp room. It is the parents' responsibility to insure our camp's supply is maintained and medications are not expired. If your child(ren) requires an allergen free eating area or specific instructions, please email the camp director before the child(ren) attends camp.

## **Emergency Procedures**

### **Medical Emergency**

In the case of a medical emergency, Flying High reserves the right to obtain prompt services of a physician and hospitalization if needed. Parents may provide a written plan to access the services of a certified practitioner for a child who is exempt from medical care on religious grounds.

Parents will be notified immediately if their child becomes ill or injured while at Flying High. Parents are required to provide at least one other (besides parents/guardians) emergency contact number. Parents should notify Director if emergency contact numbers change.

### **Safety and Emergency Procedures**

Flying High has the following Safety and Emergency procedures in place:

- Tornado Procedure
- Fire Evacuation Procedure
- Power Outage Procedure
- Gym Safety Procedures (including foam pit extraction procedures)
- Cleaning of Bodily Fluids and Blood Born Pathogens
- Injury Procedure (including the use of a travel first-aid kit)
- All staff members are trained in CPR and First-Aid

### **Emergency Closing Procedures**

In the event of an emergency that requires the facility to close, families will be contacted by phone and/or email when possible. All closing is posted immediately on Facebook. Flying High recommends that you "like" our Facebook page in order to stay up-to-date on emergency closings. Flying High reserves the right to close the facility for reasons including, but not limited to, the following:

- Hazardous weather conditions and the ability for students and/or staff to arrive at the facility safely.
- Building or utility emergencies including power outages and plumbing problems.

If camp is already in session when an emergency arises, families will be contacted at home or work and asked to pick up their child immediately.

Flying High will try, when possible, to contact all families of emergency closing at least one hour before camp begins.

### **Insurance Coverage**

Flying High has purchased general public liability for all children.

### **Use of Photos, Video, and Audio**

Flying High may use your child's picture or video of your child in marketing publications without compensation to you.

### **Field Trips and Excursions**

Parents and/or guardians will be notified of all field trips at time of registration. If parents or guardians do not want their child to attend any given trip, they are responsible for notifying the Director at least one week in advance and must provide alternative plans for their child.

There may be instances, usually based on weather, in which Flying High staff makes the decision to conduct a certain activity outdoors or at a nearby park without prior notice.

Visits, trips and excursions will include, but are not limited to: field trips, walks around the neighborhood, visits to playgrounds or community businesses and establishments, etc.

Transportation will be provided by a licensed, insured vendor when walking is not an option.

On field trips, children will be required to wear their Flying High t-shirt. Any child who does not wear their t-shirt on field trip days may be refused entry to camp that day and parents and/or guardians will be responsible for making alternative arrangements. If your child loses his/her t-shirt, a replacement t-shirt may be purchased for an additional fee. All staff members are required to carry a cell phone with them when out of the building.

It will be assumed that all children have parent and/or guardian permission to participate in all visits, trips and excursions and to board any transportation vehicle Flying High has provided unless Flying High receives a written statement stating otherwise.

### **Guidance and Discipline Policy**

Flying High's discipline methods center on positive reinforcement, redirection to a more acceptable behavior, guidance and gentle reminders of behavioral expectations to help children develop self-control and assume responsibility for their actions. If these methods fail, the teacher will utilize logical, age appropriate consequences (i.e. "Think Breaks") to resolve the issue at hand.

Flying High is committed to helping children work through behavior issues. However, any child exhibiting behavior that threatens the safety of the child, his/her fellow campers, the environment or a staff member will be immediately removed from the situation so he/she can regain composure before rejoining the group.

No child, under any circumstances, will be subjected to:

- Corporal punishment of any kind
- Verbal/emotional abuse or public humiliation
- The threatened or actual withdrawal of food or use of the restroom
- Punishment for toilet accidents.

Families will be notified of any continuous or serious behavior issues and families may be asked to pick up the child. The Director will be notified of any serious or on-going issues and may request a meeting with the child's family.

### **Discharge Policy**

- Illinois State Law mandates that any child who, after attempts have been made to meet the child's individual needs, demonstrates inability to benefit from the type of care offered by the facility, or whose presence is detrimental to the group, shall be discharged from the facility.



# Cosmic Café Client Tab Form



I am approving that expenses incurred at the Cosmic Café be placed onto my account weekly; therefore allowing *Flying High Sports and Rec Center* to charge all expenses on my tab to my account on the 20<sup>th</sup> of every month.

\_\_\_\_\_  
Family Last Name (Print)

\_\_\_\_\_  
Parent First Name (Print)

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date

\*\*List family members that are allowed to charge account:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Please return to Cosmic Café

**For Office Use Only**

### Café Staff Checklist

- \_\_\_\_\_ Check List
- \_\_\_\_\_ Create Tab Sheet
- \_\_\_\_\_ Tarra's Mailbox

### Admin's Checklist

- \_\_\_\_\_ Update Excel File
- \_\_\_\_\_ Make Notes in JR
- \_\_\_\_\_ Scan Alphabetically

**Cosmic Café -Lunch Order Form**  
**Cost \$5.00**



**First/Last Name** \_\_\_\_\_ **Date** \_\_\_\_\_

**Main Course:** Hotdog Corndog Mac & Cheese 5pc Chicken Nugget PB&J  
Turkey Lunchable Ham Lunchable Noodle Soup  
Chef Boyardee (*circle one*) Beef Ravioli Spaghetti & Meatballs  
Beefaroni Lasagna

**ADD \$1.00:** Cheese Pizza

---

**Drink:** Apple Juice Capri Sun Water White Milk Chocolate Milk  
Coke Diet Coke Minutemaide Lemonade Lite Sprite Fanta/Orange Vitamin Water  
Gold Peak Sweet Black Tea Gold Peak UnSweet Black Tea

---

**Chips/Side:** Applesauce Fruit Cup String Cheese Doritos Veggie Chips  
Cheetos/Flamin Hot Lays Pretzels Cheez-its Goldfish

---

**Dessert:** Ice Cream Sandwich Animal Crackers Freeze Pop

Office Only \_\_\_\_\_ :  
**Payment:** Cash Check Credit Card Charge to FHG Account **Initials:** \_\_\_\_\_

**Cosmic Café-Lunch Order Form**  
**Cost \$5.00**

**First/Last Name** \_\_\_\_\_ **Date** \_\_\_\_\_

**Main Course:** Hotdog Corndog Mac & Cheese 5pc Chicken Nugget PB&J  
Turkey Lunchable Ham Lunchable Noodle Soup  
Chef Boyardee (*circle one*) Beef Ravioli Spaghetti & Meatballs  
Beefaroni Lasagna

**ADD \$1.00:** Cheese Pizza

---

**Drink:** Apple Juice Capri Sun Water White Milk Chocolate Milk  
Coke Diet Coke Minutemaide Lemonade Lite Sprite Fanta/Orange Vitamin Water  
Gold Peak Sweet Black Tea Gold Peak UnSweet Black Tea

---

**Chips/Side:** Applesauce Fruit Cup String Cheese Doritos Veggie Chips  
Cheetos/Flamin Hot Lays Pretzels Cheez-its Goldfish

---

**Dessert:** Ice Cream Sandwich Animal Crackers Freeze Pop

Office Only \_\_\_\_\_ :  
**Payment:** Cash Check Credit Card Charge to FHG Account **Initials:** \_\_\_\_\_

## Breakfast Items

- Bagel.....\$1.00
- Bagel with cream cheese.....\$1.50
- Cereal.....\$1.50
- Biscuit Melt  
(Bacon, Egg, & Cheese) .....\$2.50
- Muffins .....\$1.50
- Pancake/Sausage on a Stick..\$1.50

## Lunch/Dinner Items

- NEW** Chef Boyardee.....\$1.50
- NEW** Noodle Soup.....\$1.50

## Lunch/Dinner Items

- Corn Dog.....\$1.50
- 5 Pc Chicken Nuggets.....\$2.00
- Pretzel Melt (Turkey & Provolone) .....\$2.50
- Hot Dog.....\$1.50
- Lunchables.....\$2.50
- Mac-n-Cheese.....\$1.50
- Personal Cheese Pizza.....\$3.50
- Nachos.....\$3.00
- PB & J Jamz.....\$1.50
- Soft Pretzel  
Grilled Cheese.....\$3.00  
Pizza Stuffed.....\$3.00  
Bavarian (Plain).....\$2.50

## Treats & Snacks

- Animal Crackers.....\$0.75
- Apple Sauce.....\$0.50
- Chips.....\$0.75
- Cliff Kid Organic Z Bar.....\$0.75
- Cosmic Sno  
Small.....\$2.00  
Large.....\$3.00
- Frozen Chocolate Banana.....\$2.00
- Fruit Cups.....\$0.75
- Fruit Snacks.....\$0.75
- Goldfish.....\$0.75
- Granola Bars.....\$0.75
- My Super Cookies (organic).....\$0.75
- Nutella.....\$1.50
- Peanuts.....\$0.75
- Popcorn.....\$1.00
- Popsicles.....\$0.25
- Pretzels.....\$0.75
- Protein Bar.....\$0.75
- Slim Jims.....\$0.25
- String Cheese.....\$0.50

## Candy

- |                         |        |                          |        |
|-------------------------|--------|--------------------------|--------|
| • 3 Musketeers.....     | \$1.00 | • Reeses' Cups.....      | \$1.00 |
| • Airheads.....         | \$0.25 | • Ring Pops.....         | \$0.75 |
| • Baby Bottle Pops..... | \$1.00 | • Skittles.....          | \$1.00 |
| • Hershey's.....        | \$1.00 | • Slim Jims.....         | \$0.25 |
| • Kit Kat.....          | \$1.00 | • Snickers.....          | \$1.00 |
| • Milky Way.....        | \$1.00 | • Sour Punch Straws..... | \$1.00 |
| • Mints.....            | \$1.00 | • Starburst.....         | \$1.00 |
| • M&M's.....            | \$1.00 | • String Cheese.....     | \$0.50 |
| • Nestle Crunch.....    | \$1.00 | • Swedish Fish.....      | \$1.00 |
| • Peanuts.....          | \$0.75 | • Sweet/Sour Spray.....  | \$1.00 |
| • Popcorn.....          | \$1.00 | • Twix.....              | \$1.00 |
| • Popsicles.....        | \$0.25 | • Twizzlers.....         | \$1.00 |
| • Push Pops.....        | \$1.00 |                          |        |

## Drinks

- |                      |        |                         |        |
|----------------------|--------|-------------------------|--------|
| • Apple Juice.....   | \$1.50 | • Hot Chocolate.....    | \$1.00 |
| • Bottled Water..... | \$1.00 | • Milk                  |        |
| • Capri Sun.....     | \$1.00 | Chocolate.....          | \$1.50 |
| • Coffee.....        | \$1.00 | White.....              | \$1.50 |
| • Fountain Drink     |        | • Orange Juice.....     | \$1.50 |
| Small.....           | \$1.25 | • Gatorade.....         | \$2.25 |
| Large.....           | \$1.75 | • Starbucks Coffee..... | \$2.75 |
|                      |        | • Sunny D.....          | \$1.00 |