

1st Grade & Older—Countryside 2020 CLASS SCHEDULE

GIRLS RECREATIONAL GYMNASTICS

Beginner	9 & Up Beginner	Level 1 (eval. required)
\$127/Mo. 1.25HR/class	\$127/Mo. 1.25HR/class	\$127/Mo. 1.25HR/class
Monday: 4:05-5:20, 5:25-6:40, 6:45-8:00	Monday: 5:00-6:15	Monday: 4:05-5:20, 6:45-8:00
Tuesday: 4:15-5:30, 5:45-7:00, 7:00-8:15		Tuesday: 5:35-6:50, 6:55-8:10
Wednesday: 3-4:15, 5:30-6:45, 6:45-8:00		Wednesday: 3:00-4:15, 4:00-5:15, 6:55-8:10
Thursday: 5:20-6:35		Thursday: 5:10-6:25
Friday: 4:00-5:15, 5:15-6:30		Friday: 5:15-6:30
Saturday: 9:00-10:15, 10:30-11:45, 10:45-12:00		Saturday: 9:05-10:20
Sunday: 8:45-10:00, 10-11:15		Sunday: 10:00-11:15
Intermediate (eval. required)	Advanced (eval. required)	
\$146/Mo. 1.5HR/class	\$146/Mo. 1.5HR/class	
Monday: 5:10-6:40, 6:45-8:15	Monday: 6:45-8:15	
Wednesday: 4-5:30, 5:30-7	Wednesday: 5:30-7	
Thursday: 6:30-8		
Friday: 5-6:30		
Saturday: 10:30-12		
Sunday: 10-11:30		

SPECIALTY CLASSES

\$71/month 30min/class

Flip Flop:	Monday: 4-4:30PM
	Tuesday: 7:10-7:40PM
Backbend:	Saturday: 10:10-10:40
Bars:	Thursday: 3:45-4:15PM

RECREATIONAL CHEER

Basic Cheer (1st grade +)

\$77/Mo. 55min/class

Monday: 5:50-6:45

Tuesday: 5:00-5:55

Saturday: 9:45-10:40

Int. Cheer (eval. Required)

\$77/Mo. 55min/class

Tuesday: 6:00-6:55

TEEN PROGRAMS

(6th grade+)

Teen Rec Girls

\$127/Mo. 1.25HR/class

Wednesday: 7:00-8:15

HS/JV (Eval. Req.)

\$181/Mo. 2HR/class

Monday: 6:45-8:45

HS/V (Eval. Req.)

\$181/Mo. 2HR/class

\$242/Mo. 4HR/class

Monday: 6:30-8:30

Wednesday: 6:30-8:30

Teen Cheer

\$107/Mo. 1HR/class

Tuesday: 7:45-8:45

Teen Tumble

\$107/Mo. 1HR/class

Monday: 8:00-9:00

Wednesday: 8:00-9:00

Thursday: 7:45-8:45

BOYS RECREATIONAL GYMNASTICS

Rock Stars 1	Rock Stars 2(Eval. Req.)	Int. Boys(Eval. Req.)	Adv. Boys(Eval. Req.)
\$107/Mo. 55min/class	\$107/Mo. 55min/class	\$127/Mo. 1.25HR/class	\$127/Mo. 1.25HR/class
Monday: 4:00-4:55, 6:00-6:55	Monday: 5:00-5:55	Tuesday: 5:30-6:45	
Tuesday:	Tuesday: 4:00-4:55, 6:00-6:55	Wednesday: 7:00-8:15	Teen Rec Boys(6 grade+)
Wednesday: 5:00-5:55, 6-6:55	Wednesday: 5:00-5:55	Thursday: 6:00-7:15	\$127/Mo. 1.25HR/class
Thursday: 4:00-4:55,	Thursday: 5:00-5:55		Thursday: 7:15-8:30
Saturday: 9:05-10:00	Saturday: 10:05-11:00		

TUMBLING — COED

Beginner (1st grade +)	Intermediate (Eval. Req.)	Advanced(Eval. Req.)	Power (Eval. Req.)
\$86/Mo. 45min/class	\$86/Mo. 45min/class	\$107/Mo. 1 HR/class	\$107/Mo. 1HR/class
Tuesday: 7:00-7:45	Monday: 4:20-5:05, 5:00-5:45	Tuesday: 5:00-6:00	Monday: 6:30-7:30
Thursday: 4:00-4:45,6:45-7:30	Tuesday: 7:05-7:50	Wednesday: 7:30-8:30	Tuesday: 7:00-8:00
Saturday: 9:00-9:45	Wednesday: 6:45-7:30	Thursday: 4:15-5:15	Wednesday: 7:00-8:00
	Saturday: 9:00-9:45	Saturday: 10:45-11:45	Thursday: 7:45-8:45

TEAM UNITED MARTIAL ARTS

****ASK ABOUT 2X A WEEK PRICING! ****

Ages 5-7	Ages 8-10	Ages 11+	Beginner(5+ White-Blue Belt)
\$87/Mo. 1Hr/class	\$87/Mo. 1Hr/class	\$87/Mo. 1Hr/class	\$87/Mo. 1Hr/class
Monday: 4:45-5:45	Tuesday: 5:15-6:15	Tuesday: 6:15-7:15	Wednesday: 4:15-5:15
Tuesday: 4:15-5:15	Thursday: 5:15-6:15	Thursday: 6:15-7:15	
Thursday: 4:15-5:15			
Intermediate(5+ Brown-High Red Belt)	Deputy-Black(5+ Deputy-Black belt)	Open Level 5 & Older(All Belt Lvlis)	
\$87/Mo. 1Hr/class	\$87/Mo. 1Hr/class	\$87/Mo. 1Hr/class	
Wednesday: 5:15-6:15	Wednesday: 6:15-7:15	Saturday: 9:30-10:30	
Open Level 8 & Older(All Belt Lvlis)	Sparring Class Add On	MA Tumbling Class Add On	
\$87/Mo. 1Hr/class	Saturday: 10:30-11:30AM	Tuesday: 7:30-8:15PM	
Monday: 5:45-6:45			

Ninja Boys White (1st-11yrs)	Ninja Girls White (1st-11yrs)	Ninja Boys Yellow (1st-11yrs)	Ninja Girls Yellow (1st-11yrs)
\$107/Mo. 55min/class	\$107/Mo. 55min/class	\$107/Mo. 55min/class (eval. only)	\$107/Mo. 55min/class (eval. only)
Monday: 7:35-8:30	Tuesday: 7:25-8:20	Monday: 5:15-6:10, 7:15-8:10	Monday: 4:00-4:55
Tuesday: 5:05-6:00, 5:15-6:10	Friday: 4:40-5:35	Thursday: 6:45-7:40	Thursday: 5:30-6:25
Wednesday: 3:00-3:55, 5:45-6:40		Ninja Boys Green (1st-11yrs)	Ninja Girls Green (1st-11yrs)
Thursday: 7:00-7:55		\$107/Mo. 55min/class (eval. only)	\$107/Mo. 55min/class (eval. only)
Sunday: 9:50-10:45		Thursday: 7:30-8:25	

**NINJA
 ZONE**

1st Grade & Older—Hickory Hills 2020 CLASS SCHEDULE

NINJA ZONE

Ninja White Co-ed (5-6 yr. olds)

\$107/Mo. 55min/class

Monday: 4:30-5:25

Wednesday: 6:40-7:35

TRY A CLASS TODAY!

Set up a trial class at any location for
**\$10! Sign up the same day & get a \$10
credit to your tuition!**

Call or stop by the Front Desk for details!

Ninja Boys (1st Grade-11 yr. olds)

\$107/Mo. 55min/class

Tuesday: 5:20-6:15

Ninja Boys Yellow (1st Grade-11 yr. olds)

\$107/Mo. 55min/class

Tuesday: 6:20-7:15

RECREATIONAL CHEER

Basic Cheer (1st grade +)

Contact us for information

DISCOUNTS

Multi-Class Discount: receive 15% off each class
when enrolled in more than one!

Receive 10% off for the 2nd sibling, 15% off for
the 3rd and the 4th is free!

TUMBLING — COED (1st grade+)

Beginner

\$86/Mo. 45min/class

Monday: 4:30-5:15

Wednesday: 4:15-5:00

Intermediate (eval. required)

\$86/Mo. 45min/class

Monday: 4:30-5:15

Wednesday: 4:15-5:00

Advanced (eval. required)

\$107/Mo. 1HR/class

Wednesday: 5:00-6:00

Thursday: 5:30-6:30

Cheer Tumble Jr High./HS/All-Star Athletes

\$107/Mo. 1HR/class

Monday: 6:30-7:30

Thursday: 5:30-6:30, 6:30-7:30

Cheer Tumble 2 (eval. required)

\$107/Mo. 1HR/class

Monday: 5:30-6:30

Cheer Tumble 3 (eval. required)

\$107/Mo. 1HR/class

Monday: 7:30-8:30

Thursday: 6:30-7:30

TEEN PROGRAMS (6th grade+)

Teen Tumble

\$107/Mo. 1HR/class

Tuesday: 6:45-7:45

Wednesday: 7:35-8:35

Teen Cheer

\$107/Mo. 1HR/class

Contact us for information

SPECIAL EVENTS

*PARENTS/GUARDIANS MUST COMPLETE ONLINE WAIVER IN
ORDER FOR CHILD TO ATTEND ANY SPECIAL EVENT*

PRICES VARY BY EVENT

Little Tykes Time (Kindergarten & younger) \$5/per child

Countryside: Monday through Friday 10:00-11:30am; Select Fridays 1:30-3pm

Hickory Hills: Monday 10:00-11:30am

Inflatable Open Gym (All Ages) \$12/per child

Countryside: Saturday 12:00-2:00pm

Hickory Hills: Sunday 12:00-2:00pm

Special Needs Open Gym (All Ages) \$12/per child

Hickory Hills: 10:00-12:00 pm on Select Sundays

2020 Dates: 1/26, 2/23, 3/22, 4/5, 5/24, 6/28, 7/26, 8/23

TEAM UNITED MARTIAL ARTS

Ages 5-7

\$87/Mo. 1Hr/class

Monday: 4:30-5:30

Thursday: 5:15-6:15

Ages 8-10

\$87/Mo. 1Hr/class

Monday: 5:30-6:30

Thursday: 6:15-7:15



Open Level 5 & Older

\$87/Mo. 1Hr/class

Thursday: 7:15-8:15

ASK ABOUT 2 DAYS/WEEK PRICING!