

FLYING HIGH JUNIOR CAMP

COUNSELOR PROGRAM

Ages 13-14

The Junior Camp Counselor Summer Program is a 3-week educational program with curricula designed for the participant to develop the technical skills necessary to be an effective camp counselor, babysitter, or role model! Jr. Camp Counselor will work with kids of all ages 4-12.

THE JUNIOR CAMP COUNSELOR WILL RECEIVE BASIC TRAINING IN THE FOLLOWING AREAS THAT CAN BE USED IN THEIR FUTURE:

- * First aid/CPR
- * Group Leadership
- * Problem Solving
- * Community Involvement
- * Communication
- * Time Management
- * Supervising kids ages 4-12
- * And more!

THE JUNIOR CAMP COUNSELOR WILL ALSO RECEIVE:

- * 50% off regular camp fees
- * A certificate of Completion
- * A letter of recommendation
- * First Aid/CPR certificate through American Heart Association

The Junior Camp Counselor Program will be limited to no more than 10 Junior Camp Counselors per Summer and admittance is through a competitive process that will include a written component and an interview process. The Junior Camp Counselor Application can be found on the Summer Camp Page of our website.

FLYING HIGH
SPORTS & REC CENTER

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Junior Camp Counselor Summer Program

Program Summary:

The Jr. Camp Counselor Program is a special opportunity for 13-14 year olds to learn the skills needed to work with children in the Flying High camp setting. This is an educational program, with curricula designed for the participant to develop the technical skills necessary to be an effective camp counselor. The Jr. Camp Counselor Program will provide basic training in first aid, group leadership, problem solving, time management and more! A Jr. Camp Counselor is a camper and therefore must follow many of the same rules and restrictions as our regular campers. We require that the Jr. Counselor pay the yearly \$35 administration fee. Since the Jr. Camp Counselor is a training program, the participant will receive 50% off full week of camp with field trip option. Participation in this program does not automatically guarantee a future staff position here at Flying High, however, it does pave the way for possible employment. The ultimate goal of this program is to give the Jr. Camp Counselor the necessary skills to be a successful future Camp Counselor. Participants will also be able to apply the skills learned in this program to future babysitting positions and leadership roles in the academic setting. At the end of the program, the participant will receive a certificate of completion and a letter of recommendation.

How are Jr Camp Counselor Chosen?

The program will be limited to no more than 10 Jr Camp Counselor per summer and admittance is through a competitive process that will include a written component and an interview process. Forms for applying to this program are available at our locations or on the Summer Camp page of our website. A parent or legal guardian must also complete our online camp registration.

It is important that the applicant shows initiative by calling or emailing the camp director expressing his/her interest in the program. He or she should carefully complete all of the application material and return the packet to the Camp Director. All essay-type questions should be in the applicant's own words and typed or neatly handwritten. Once the application and references are reviewed, a formal in person interview will be scheduled by the camp director with those selected. Completed applications can be emailed to the Camp Director at Erica.P@flyinghighgym.com.

How long will the program run?

The program will last 3 weeks, requiring the Jr. Counselor to commit to at least 3 weeks during our camp session.

What kind of training will a Jr. Counselor will receive?

The program here at Flying High is designed to teach responsibility, leadership, community involvement, team work, communication skills and counseling skills that can be used throughout

life. A successful participant will have shown to be enthusiastic, dedicated, hard-working, and devoted to our company's mission "creating individual experiences that are meaningful to every child."

Training will consist of, but is not limited to:

- Being matched with a Senior Counselor and shadowing him/her the entire duration of camp
- Direct feedback from the Senior Counselor they work with as well as the Camp Director
- Together with a Senior Counselor, plan the activities that will run on their day of choice related to the weekly theme
- Leadership Log- Each Jr. Counselor will keep a weekly Leadership Log tracking what they have taken in from leadership training, camp activities and other experiences at camp. The Camp Director will look over the logs and leave notes to track their progress and understanding.

Junior Camp Responsibilities:

The Jr Counselor will be subject to the same code of behavior and policies as regular program staff. Under the supervision of a Senior Counselor they will:

- Make camp a fun place to be!
- Welcome campers, assuring that every child is signed in/out for the day
- Enthusiastically participate in all camp activities
- Help with cleaning after activities, lunch time and snack time
- Help with set-up and take down during activities
- Help provide a safe and supportive atmosphere for campers
- Be alert about camper needs and discuss any problems with Senior Counselors or Camp Director
- Help campers resolve conflicts
- Be alert about equipment and our facility to ensure proper use, care and maintenance is adhered to; report repairs needed to Senior Counselor or Camp Director
- Ensure positive attitude, behavior, and interaction with campers and staff at all times
- Follow and uphold all safety rules and procedures
- Set a good example for campers and others with regards to general camp procedures and practices, including: sanitation, schedules, and sportsmanship
- Always work with a Senior Counselor or Camp Director to plan activities/games
- Work with Camp Director to learn the basics of child development, programming, supervision procedures, and policies



Junior Camp Counselor Application

Personal Information:

Date: _____

Last Name: _____ First Name: _____ Middle Initial: _____

Address: _____ City: _____ State: _____

Zip Code: _____ Phone: () _____ Cell phone: () _____

Birth date: _____ Email Address: _____

School: _____ Grade: _____

T-Shirt Size (Circle one): YM YL AS AM AL AX-L

Parent/Guardian Information

Father's Name: _____ Mother's Name: _____

Address: _____ City: _____ State: _____

Home Phone: _____ Cell Phone: _____

Emergency Contact Name & Phone: _____

Father's email address: _____

Mother's email address: _____

***Note: Parent/guardian will be CC on all emails.**

Please answer the following questions. You may attach additional sheets if necessary.

1. Have you ever worked with children before (volunteer or paid opportunities)? If yes, please state where and when.

2. Please indicate any hobbies, special interests, extra-curricular, team, or club activities.

3. How would your teachers describe you?

4. Give an example of a situation where you had to take a leadership role. Describe the situation and the outcomes of your leadership.

5. Give an example of a situation where things weren't going as you had hoped and you had to think quickly on your feet. Describe the situation and the outcome of your actions.

On a separate sheet of paper, write a short essay answering the following:

- Why are you interested in working as Junior Camp Counselor?
- What skills or qualities do you possess that you feel make you a good fit for this position and why?
- What do you hope to gain from the program? Why?

Date of Free CPR/First Aid Training Course will be given at time of acceptance of the Jr. Camp Counselor Position. Please indicate whether or not you are planning on attending the Free CPR/First Aid Training Course:

___ I am planning on attending the Free CPR/First Aid Training Course

___ I am NOT planning on attending the Free CPR/First Aid Training Course

Please indicate which weeks you are interested in:

June 3rd-June 7th

June 10th-June 14th

June 17th-June 21st

June 24th-June 28th

* July 1st-July 5th (closed on July 4th)

July 8th-July 12th

July 15th-July 19th

July 22nd-July 26th

July 29th-Aug 2nd

Aug 5th-Aug 9th

Aug 12th-Aug 16th

Aug 19th-Aug 23rd

Aug 26th-Aug 30th