

NO SCHOOL DAY CAMP THEMES

2022-2023

October
7th

INSTITUTUE DAY

October
10th

"Fearsome"
COLUMBUS DAY / INDIGENOUS
PEOPLES' DAY:

Reputations". Halloween is around the corner, the time everyone is entitled to one good scare. There are many different animals on this planet, all with various appearances. Some of these critters seem deadly terrifying based on their massive size, sharp teeth or fangs. But just because they look frightening in appearances it does not mean that they are. Let's explore these dangerous looking animals that are relatively harmless.



November
8th

"Something to Hoot About"
ELECTION DAY:

Libraries and bookstores sometimes use pictures of owls to represent reading or wisdom. Owls can't really read, but they are smart. Their nighttime activity, quiet flight and strange calls have made them the subject of many stories. Owls do a lot more than just hoot all night long, let's explore and clear up a bit of their mystery and reveal what hoot owls really are.



November
21-23rd

"GAME OVER"
FALL BREAK

What do you picture when you hear the word "arcade?" Whether you remember the dimly lit arcades of the '90s or modern chains like Dave & Busters, this week we will explore the first arcade games and the rise of video games.



December
27-30th

"Bubble Bash"
WINTER BREAK 1:

Bubbles are everywhere! In our toys, games, food, bath time and more. Kids love bubbles and they are almost magical. Something as simple as a bubble can make an awesome fun camp week! Discover all the potential you can make with bubble wands, bubble wrap, bouncy ball and much more.



January
3-6th

"Light Bulb Moments"
WINTER BREAK 2:

Have you ever heard the phrase "Light Bulb Moment," meaning a moment of sudden inspiration or recognition. In a cartoon or comic strip, an illuminated light bulb above a character's head indicates that they have a great idea, solution, or brainstorming one. All great solutions came about a person's "aha moment." Through jigsaw puzzles, sudoku, word games, and fun riddles we will practice to sharpen our problem-solving skills to create our "aha moments."



January
16th

"World of Eric Carle"

MLK DAY:

Who hasn't read The Very Hungry Caterpillar or Brown Bear, Brown Bear? A self-described "picture writer," Eric Carle is the author of these and several other popular children's books. This day we will enjoy several of his books, its storyline and the artwork behind them.



February
20th

"To be or not to be: that is the question"
PRESIDENTS DAY:

Poetry is fun! Poetry is FUNNY! Poetry is everywhere, even at Vhome. Poetry encourages children to express themselves and their feelings. Poetry inspires children's imagination to run wild. Let our poetry journey begin.



March
27-31st

"Banana!"
SPRING BREAK 1:

What language do the minions speak? Banana language! There are several languages that have been created from movies or works of literature. There's Klingon from the Star Trek franchise; Avatar brought us Na'vi; Dothraki from Game of Thrones and so much more. This week we will be hanging out with our minions' friends, Kevin, Stuart and Bob, to learn this interesting language.



April
7th

GOOD FRIDAY / SPRING HOLIDAY

April
10-13th

"Can you BEE-lieve its Spring"
SPRING BREAK 2:

Everyone is buzzing about this camp week! Bees are amazing creatures that play an important role in our ecosystem. Though bees' extraordinary lives are short and small in scale, the wisdom they provide can create vast and positive impacts on our lives. Through fun hands-on activities, campers will learn about bee life cycle.



FLYING HIGH 30 YEARS

SPORTS & REC CENTER

COUNTRYSIDE

5400 East Ave, Countryside, IL 60525

T 708.352.3099 | W www.flyinghighgym.com