



## **Why Gymnastics?**

Gymnastics is a sport that undoubtedly challenges each athlete both physically and mentally. It is a unique sport in that each child is his/her own star.

Aside from the sport itself, there are so many other incredible things gymnastics can bring into a child's life. Through gymnastics children learn the joy of perseverance and success. Flying High creates an environment where frustration is acknowledged and dealt with in an encouraging manner, because we feel that working through frustration is a life skill that the children will carry with them into adulthood.

## **About Us**

Flying High began with 35 students in June, 1991. After outgrowing three other locations, we now teach gymnastics to over 1,000 children and we're still growing!

Flying High is a USA Gymnastics Club member that provides classes for children of all ages and ability level.

We are committed to offering programs where every child can feel good about themselves and their accomplishments, regardless of their ability level.

## **Where Every Child is a Star**

Even small accomplishments are **BIG** here, because in the end the big accomplishments consist of many small ones. Our teachers are dedicated to making each child feel that he/she is a star. Because of our child/teacher ratio, personal attention can be provided for **EVERY** gymnast, helping him/her to set individual goals.

## **Our Teachers**

Our teachers are specially selected and trained to bring out the best in each child in a **FUN** environment. It is our teachers who feel that all of the little things are important in turn making Flying High special to each child, parent and staff member here.

Your teachers are First Aid, CPR and USAG Safety Certified.

